

www.hochpustertal.com

The image is a wide-angle photograph of the Pustertal valley in South Tyrol, Italy. On the left, a tall pine tree stands next to a small wooden crucifixion shrine. In the center, a group of four hikers in bright outdoor gear walk across a grassy field towards a range of mountains under a clear sky. The sun is low on the horizon, creating a bright lens flare and casting long shadows. On the far right edge of the frame, a portion of a yellow kayak is visible against a dark background.

Gönnen Sie dem Alltagsstress eine Pause und treten Sie ein in eine Welt, in der Hektik ein Fremdwort ist.

Take a break from everyday life and enter a world without hectic and stress.
Concedetevi una pausa dallo stress quotidiano ed entrate in un mondo dove la frenesia non esiste.

Das Lesachtal, eingebettet zwischen den Karnischen Alpen im Süden und den Lienzer Dolomiten im Norden, gilt wegen seiner unberührten Natur und der mehrfach ausgezeichneten Landschaft als Wohlfühl-Eldorado der besonderen Art. Jenseits des Trubels erlebt man hier Urlaub in seiner ursprünglichsten Form und Weise. Bäuerliche Kultur, naturbelassene Landschaft, gelebte Tradition und die Lesachtaler Gastfreundschaft lassen bei so manchem Urlauber Glücksgefühle hochkommen. Einfach abschalten und die Sorgen des Alltags vergessen.

EN The Lesachtal Valley, nestling between the Carnic Alps to the south and the Lienz Dolomites to the north, is known as feel-good Eldorado of a special kind because of its pristine nature and its landscape which has received multiple awards. Away from the hustle and bustle, here you experience holiday in its most original form. Rural culture, a natural landscape, living traditions and Lesachtal Valley hospitality will evoke feelings of happiness in many a holidaymaker. Just unwind and forget the worries of everyday life.

IT La valle Lesachtal, incastonata tra le Alpi Carniche a sud e le Dolomiti di Lienz a nord, grazie alla sua natura incontaminata e i suoi paesaggi più volte premiati, è un eldorado per il benessere di tipo molto particolare. Lontani dallo stress, si può vivere qui una vacanza nella sua forma più genuina. Cultura contadina, paesaggi incontaminati, tradizione e ospitalità del Lesachtal hanno reso felici già tanti visitatori. Lasciatevi semplicemente andare dimenticando lo stress quotidiano.

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WANDERN IN UNBERÜHRTER NATUR
Hiking in pristine nature
Escursioni nella natura incontaminata

Über 300 km Wanderwege warten darauf, erwandert zu werden: von leichten Spazier- und Rundwanderwegen über Almwanderungen bis hin zu herrlichen Gipfeltouren mit atemberaubender Fernsicht ... Im Lesachtal, welches auch zu den österreichischen Bergsteigerdörfern zählt, ist für jeden Wander- und Berg- fex das Richtige dabei – und das alles abseits der Massen.

EN More than 300 km of hiking trails are waiting to be explored. From easy footpaths and circular hiking routes, hiking tours across alpine pastures to beautiful summit tours with stunning views, the Lesachtal Valley, which is also one of Austria's mountaineering villages, offers something for every hiking and mountaineering enthusiast – and all this away from the masses.

IT Oltre 300 km di piste per escursioni attendono di essere scoperte. Da facili sentieri e percorsi circolari a escursioni in alpeggio fino a magnifiche escursioni in vetta con viste mozzafiato... In Lesachtal, che comprende anche alcuni villaggi per alpinisti, c'è sicuramente qualcosa di adatto per tutti gli appassionati della montagna – e sempre lontano dalla confusione.

► **Ausführliche Infos auf:**
More details can be found at:
Informazioni dettagliate su:
www.lesachtal.com

GEFÜHRTE WANDERUNGEN
Guided hiking tours
Escursioni guidate

Sie wollen mit fachkundiger Begleitung die schöne Natur und Bergwelt des Lesachtals erkunden? Dann sind Sie bei den kostenlosen, wöchentlichen Führungen genau richtig.

EN Do you want to explore the Lesachtal Valley's beautiful nature and mountain world accompanied by an expert? Then are the weekly, free of charge guided tours just perfect for you.

IT Desiderate esplorare la meravigliosa natura e mondo alpino del Lesachtal con guide esperte? In questo caso le escursioni guidate gratuite e settimanali fanno al caso vostro.

► **Infos zu den jeweiligen Touren:**
Details about the respective tours:
Informazioni sui vari tour:
www.lesachtal.com



WEITWANDERN
Long-distance hiking
Escursioni di lungo raggio

Der Karnische Höhenweg (Friedensweg KHW 403) führt den gesamten Karnischen Kamm entlang, der an der Grenze zwischen Österreich und Italien verläuft. Er ist von Sillian bis Arnoldstein ca. 150 km lang (8 - 11 Tagesetappen). Alpinistisch besonders interessant ist der Abschnitt zwischen Sillian und Kötschach-Mauthen, welcher entlang der höchsten Gipfel der Karnischen Alpen verläuft. Zahlreiche Überreste alter Stellungen, Schützengräben, Felskavernen, Soldatenfriedhöfe etc. erinnern an die schreckliche Zeit des Ersten Weltkrieges, welcher vor über 100 Jahren hier tobte.

EN Especially interesting, from an alpinist's point of view, is the section between Sillian and Kötschach Mauthen. This section leads along the highest peaks of the Carnic Alps. Many remains of old positions, trenches, rock caverns, war cemeteries, etc. remind of the terrible times during WWI, which ravaged this region 100 years ago.

IT L'Alta Via della Carinzia (Via della pace KHW 403) corre lungo l'intera catena delle Alpi Carniche fino al confine fra Austria e Italia. Da Sillian ad Arnoldstein è lunga circa 150 km (8 - 11 tappe di un giorno). La parte più interessante alpinisticamente è il tratto tra Sillian e Kötschach Mauthen che comprende alcune delle vette più alte delle Alpi Carniche. Tante rovine ricordano che questo è stato 100 anni fa uno dei teatri della terribile 1° Guerra Mondiale.

AKTIV UNTERWEGS
Outdoor activities
Vacanze attive



Für Sportbegeisterte bietet das Lesachtal einiges. Rafting, Canyoning, Schluchting, Klettern oder Europas größte Schaukel (Mega-Dive) sind Abenteuer-Highlights im Lesachtal für all jene, die Action suchen. Ein besonderes Naturerlebnis bietet das Fliegenfischen und das Kajak-Fahren auf der landschaftlich wunderschönen Gail – einem der letzten unverbauten Wildwasserflüsse im Alpenraum.

EN The Lesachtal Valley offers quite something for sports enthusiasts. Rafting, canyoning, climbing or Europe's largest swing (Mega Dive) are adventure highlights in the Lesachtal Valley for anyone who is looking for action. A special nature experience is fly fishing and kayaking on the scenically beautiful River Gail – one of the last remaining pristine white water rivers in the Alps.

IT Anche per gli entusiasti dello sport il Lesachtal offre degli elementi unici. Rafting, kayak, canyoning, torrentismo, arrampicate e l'altalena più grande d'Europa (Mega-Dive) sono gli highlight dell'avventura in Lesachtal per tutti quelli che cercano adrenalina. Esperienze naturalistiche particolari sono la pesca a mosca e le gite in kayak nel meraviglioso paesaggio del Gail – uno degli ultimi fiumi incontaminati di tutte le Alpi.

NACH EINER SCHÖNEN TOUR...

The banner features a circular logo for "WANDERNADEL" with a mountain scene. The left side contains text in German and English about collecting points for hikes to earn badges. The right side contains text in Italian and English about the Alpine Morende meal. Scenic images of the Lesachtal valley, including a hut and a path through rhododendron flowers, are shown.

A close-up photograph of a young man wearing a bright green kayak helmet and a matching green and black kayak suit. He is smiling broadly at the camera while leaning forward in a bright green kayak. The word "dagger" is visible on the side of the kayak. In the background, another person in a kayak is visible on a river, and a wooden building is on the right. The overall scene suggests a fun day of kayaking.

An advertisement for the Lesachtal Guest Card Basic. It features a green bus with the text 'LESACHTAL' and 'GästeCard Basic' along with the website 'www.lesachtal.com'. A white van is also shown. The background is a landscape with mountains and a river. The text on the left side of the image reads: 'en Sie zahlreiche und Ermäßigungen bei Ausflugszielen, gen, Aktivprogrammen sowie Gratis- fahr mit der talCard „GästeCard“. Fragen Sie Ihren Vermieter nach der Card!' Below this, there is an English translation: 'Enjoy numerous advantages and discounts on excursions, guided tours, activity programmes and more as well as free bus travel with the Lesachtal „GästeCard Basic“. Ask your accommodation provider for the card!' At the bottom, there is Italian text: 'Sfruttate anche le tante agevolazioni e sconti sui viaggi, tour guidati, programmi di attività e tanto altro, come l'uso gratis dei bus con la Lesachtal „GästeCard Basic“. Richiedete pure la card al albergo!' At the very bottom right, there is a small logo for 'WÄHLTE'.

A photograph of three women in a rustic kitchen. Two women on the right are wearing aprons and kneading dough in large wooden bowls. The woman on the left is wearing a dark apron and laughing. The background features wooden shelves with various kitchenware, including copper pots and white ceramic dishes. A wooden mill and several jars of ingredients are on the counter in the foreground. The overall atmosphere is warm and traditional.

The image features a large, bold title "HERZLICH WILLKOMMEN IM SCHÖNEN LESACHTAL" at the top left. Above it, there's a small graphic of a green triangle with the word "ANREISE" and the English translation "Getting here" below it. To the right of the title is a detailed map of Austria showing major cities like München, Linz, Wien, and Salzburg, along with the A1, A2, and A10 motorways. A red shaded area highlights the Carinthia region, specifically the Lienz district and the town of Spittal. Below this is a more detailed map of the Lesachtal valley itself, showing towns like Sillian, Lienz, Ober-Tilliach, St. Lorenzen, Birnbaum, Maria Luggau, Liesing, Kötschach-Mauthen, Weissbriach, Tröpolach, Hermagor, Nassfeld, Pontebba, Tarvisio, Arnoldstein, Villach, and Wurzenpass. The map also shows the Weißensee and Pressegger See lakes. Major roads like the A10, A2, A11, and the Karawanken-Tunnel are indicated. A green arrow points towards the valley from the west. At the bottom right, the website "www.lesachtal.com" is displayed.



RUF 140

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karnischen.at
at
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- The cover page features a photograph of a man and a woman sitting on a grassy hillside, smiling and sharing a meal from a thermos. In the background, there are majestic mountains under a clear blue sky. The bottom left corner has a dark grey triangular shape.